



Dr. Sarvesh Kumar Shukla Ayurvedic Medical College

Sitapur Road, Sablapur Bahraich-271825

“Ayurveda Innovation for Global Health”
वैश्विक स्वास्थ्य के लिए आयुर्वेद नवाचार
9वाँ आयुर्वेदिक दिवस 2024

Below is detailed schedule of the activities in my Institute:

Date	Activity Name	Purpose of Activity
21 October, 2024 Monday	“I Support Ayurveda” & Selfy Campaign	Encourage public participation by clicking on the “I Support Ayurveda” button on ayurvedaday.in, promoting global awareness.
22 October, 2024 Tuesday	Patient Awareness Lectures on Ayurveda	Educate patients on the benefits of Ayurveda in managing lifestyle diseases and maintaining health.
23 October, 2024 Wednesday	Lectures on Ayurveda for Workplace Wellness	Promote Ayurvedic solutions for stress management and wellness in workplace settings, enhancing productivity.
24 October, 2024 Thursday	Lectures on Ayurveda for Women’s Wellness	Address women’s health issue through Ayurveda, focusing on hormonal balance, fertility, and menstrual care.
25 October, 2024 Friday	Lectures on Prakruti Parikshan Concept in Ayurveda	Explain the Ayurvedic concept of Prakruti (body constitution) analysis and its role in personalized health solutions.
26 October, 2024 Saturday	Rally/Run for Ayurveda	Organize a public rally or run to promote the significance of Ayurveda in preventive health and holistic care.
27 October, 2024 Sunday	Ayurveda Diagnostic & Treatment Camps	Conduct free diagnostic and treatment camps to showcase the efficacy of Ayurveda for various health conditions.
28 October, 2024 Monday	“I Support Ayurveda” & Selfy Campaign (Second Round)	Encourage more participation by revisiting ayurvedaday.in and spreading the message of Ayurveda.
29 October, 2024 Tuesday	9 th Ayurveda Day Celebration & Dhanvantri Pujan	Conclude the celebrations with Dhanvantri Pujan, invoking the blessings of the god of Ayurveda for health and well-being.

Principal
Prof. Anand Kumar Chaurasia